

Diabetes Education Resource

Institution/Program Name	Address	Contact Person	Phone Number	MD Referral Needed	Group or Individual Sessions	Diabetes Support Group
Central/Midstate Region						
Community General Hospital <i>Medical Nutrition Therapy</i>	4900 Broad Road Syracuse, NY 13215	Lisa Bane	P: 315.492.5152	Yes	Both	No
Corning Hospital <i>Living With Diabetes: A Self Management Program</i>	Healthwork 9768 Liberty Drive <i>Painted Post, NY 14870</i>	Meredith Soister Mondays and Fridays only	P: 607.937.7260 P: 607.937.4800 Appts	Yes	Both	No
Crouse Hospital <i>Outpatient Wellness Center</i>	305 Vine Street Liverpool, NY 13088	Susan Rioux, RN, MS, CDE	P: 315.470.5787 F: 315.470.2764	Yes Rx or referral.	Both	No
Joslin Diabetes Center	3229 E. Genesee Street Syracuse, NY 13214	Mark Ambrose	P: 315.464.5726 F: 315.464.2510	Yes, if insurance requires.	Both	No
Faxton St. Luke's Healthcare <i>CNY Diabetes Education Program</i>	1676 Sunset Avenue Utica, NY 13502	Caroline Jacobus	P: 315.624.5620 F: 315.624.5625	Yes	Both	Yes
Oneida Healthcare <i>Diabetes Education</i>	321 Genesee Street Oneida, NY 13421	Shirley Peyton, CDE, NP	P: 315.361.2192	Yes	Both as well as Individual Insulin & meter training	Refer out to other programs
Rome Memorial Hospital	1500 N James Street Rome, NY 13440	Mary Rose Spellicy, RN BS Jenny Chmielewski, RN Kate Henson, adm assistant	P: 315.338.7143	Referrals needed for nutrition consult. No referral for monthly community class.	Group for Type 2 (community class) Dietary consult (1 on 1)	No
St. Joseph's Hospital — <i>Outpatient Diabetes Self Management Education</i>	7246 Janus Park Dr. Liverpool, NY 13088	Monica Aungier, RN, CDE	P: 315.458.7171 F: 315.458.5715	Yes	Both	No
East Region						
Adirondack Medical Center <i>Diabetes Selfmanagement Program</i>	PO Box 471 Lake Colby Drive Saranac Lake, NY 12983	Sharon Sorgule, RD, CDE Linda Savarie, NE	P: 518.897.2611 F: 518.897.2274	Yes	Both	No
Albany Medical Center <i>The Goodman Diabetes Service</i>	25 Hackett Blvd Albany, NY 12208	Beth Nardacci, CDE, NP Ruth Breunig, RN TerriHudsonMulligan,R D,CDE	P: 518.262.5185 F: 518.262.6303	Yes, member must be using insulin pump.	Individual pump teaching only	Pump Support Group Only
Albany Memorial Hospital <i>Northeast Health Diabetes Center</i>	600 Northern Boulevard Albany, NY 12204	Marcy Pickert, RD, CDE, Director	P: 518.447.3500 F: 518.447.3586	Yes	Both	No
Alice Hyde Hospital <i>Managing Your Diabetes</i>	133 Park Street Malone, NY 12953	Hallie Garland, RN, CDE (Tues & Fri 8:30-5)	P: 518.483.3000 Ext. 427	Yes	Both	Yes
Amsterdam Memorial Hospital <i>Saint Mart's Memorial Hospital The Diabetes Center at Amsterdam Memorial</i>	Mohawk Valley Medical Arts Building 4988 StateHwy30 Amsterdam, NY 12010	Christine Marotta, CDE, CDN RD	P: 518.841.3717 F: 518.841.3727	Yes	Both	Third Wednesday of every month 6-7pm Burgess Room open to public
Berkshire Medical Center <i>Diabetes Education Program</i>	725 North Street Pittsfield, MA 01201	Candace Lusa, RN, MSN, CDE	P: 413.395.7984 F: 413.395.7502	Yes	Both	Yes
Capital Care Medical Group <i>Diabetes Education Program</i>	501 New Karner Road Suite 1A Albany, NY 12205	Lisa Renzi Rosa Padilla (scheduling appts)	P: 518.452.1337 Ext. 1 F: 518.724.6660	Yes if insurance requires.	Both	Yes

Columbia Memorial Hospital <i>Diabetes Take Charge Program</i>	23 Fish and Game Road Hudson, NY 12534	Donna Fox, CDE, RD Christine Hertler, RN, CDE Marie Doughtry	P: 518.697.7301 F: 518.697.7300	Yes	Both	No
Community Care Physicians <i>Diabetes & Nutrition Program</i>	713 Troy Schenectady Rd. Suite 224 Latham, NY 12110	Mary Catherine Dascher	P: 518.782.3839	If insurance requires.	Individual	No
Ellis Health Center Center for Diabetes <i>Diabetes Day by Day Program</i> <i>Insulin Pump Education Program</i> <i>Sugar Free Gang</i>	600 McClellan Street Schenectady, NY 12304	Joanne DeNovio, RN, CDE	P: 518.243.1696	Yes	Both	Yes Learning and support group for adults
Glens Falls Hospital <i>Regional Diabetes Center</i>	102 Park Street, 3 rd Floor Pruin Pavillion Glens Falls, NY 12801	Sandy McNeal	P: 518.926.2615 F: 518.926.2091	yes	Both	Yes
Nathan Littauer Hospital <i>Diabetes Education</i>	99 E. State Street Gloversville, NY 12078	Kathie Rohrs, MSN, CDE	P: 518.773.5425	Yes	Both	Yes
The Saratoga Hospital <i>Diabetic Support Group</i> <i>Insulin Pump Support Group</i>	211 Church Street Saratoga Spgs, NY 12866	Lisa Hodgson Judy Carr	P: 518.580.2481 F: 518.583.8367	Referral needed for ADA recognized group. No referral for other support groups.	Individual and Group	Yes .Insulin Pump Support also
St. Mary's Hospital, <i>Seton Health</i> <i>Outpatient Diabetes Education</i>	147 Hoosick St, Suite 6 Troy, NY 12180	Ann Barbara	P: 518.268.5584 F: 518.268.5596	Yes	Both	Yes
MidHudson Region						
Catskill Regional Medical Center <i>The Center for Diabetes Education</i> (Program also available in Spanish)	68 Harris Bushville Road PO Box 800 Harris, NY 12742- 0800	Ann Gottwig, MS, RN, CDE	P: 845.794.3300 Ext. 2106 F: 845.791.4136	Yes	Both	Yes
Ellenville Regional Hospital <i>Diabetes Education Program</i>	10 Healthy Way Ellenville, NY 12428	Dawn Scribner, MS, RD, CDE	P: 845.647.6400 Ext. 236 P: 845.210.3023 F: 845.647-6450	Yes or Rx	Individual	No
Health Alliance/Kingston Hospital <i>Kingston Hospital Diabetes Center</i>	37 Albany Avenue Kingston, NY 12401	Rachel Carron, RD, CDN, CDE Beth Warhola	P: 845.334.4249 Ext. 5024 F: 845.334.4342 (Mon - Fri 9-5) alternate Saturdays	Yes, if insurance requires.	Both	Yes
Margaretville Memorial Hospital	42084 State Highway 28 Margaretville, NY 12455	Connie Mathiesen David Losee	P: 845.586.2631 Ext. 3305	Preferred. Will take if patient is in the hospital.	Individual	No
Middletown Medical Care <i>Diabetes Education Program</i>	2 Edge Water Drive Middletown, NY 10940	Aradhna Pal, MS, RD, CDE	P: 845.342.4774 (hospital number) F: 845.346.3622	Preferred	Individual	No
Orange Regional Medical Center <i>Horton Campus—Stanley S.</i> <i>Dunkelman Diabetes Treatment</i> <i>Center</i>	110 Crystal Run Road Middletown, NY 10941	Pat Gerow	P: 845.692.8084 F: 845.342.8088	Yes	Group Sessions	Yes
Putnam Hospital Center <i>Diabetes Management Program</i>	670 Stoneleigh Avenue Carmel, NY 10512	Joanne Greene, RN, CDE Kathleen Steiger, Coordinator	P: 845.279.5711 Ext. 2779 or Ext. 2763	Yes	Both	Yes

St. Anthony Community Hospital <i>Living with Diabetes Support Group</i>	15 Maple Avenue Warwick NY, 10990	Janine Colleen	P: 845.987.5168	No -for support group Yes- for classes	Both	Yes, meeting every 4th Wednesday at noon for Seniors
St. Francis Hospital <i>Diabetes Management Program</i>	241 North Road Poughkeepsie, NY 12601	Maryanne Kesting, MS, RD, CDE Teresa Crodelle	P: 845.483.5188 F: 845.431.8111	Yes	Both	Yes
St Luke's Cornwall Hospital <i>Diabetes Self Management</i>	Newburgh Campus 70 Dubois Street Newburgh, NY 12550	Dorothea Lever, RN, MSN, CDE	P: 8455682878	Yes	Both	Yes, monthly (not during summer)
South Central/Southern Tier						
A O Fox <i>Fox Care Center</i>	1 Fox Care Drive Oneonta, NY 13820	Felicia Emilio	P: 607.431.5182	Yes	Both	Yes
Bassett Healthcare <i>Diabetes Self- Management Training</i>	One Atwell Road Cooperstown, NY 13326	Diane Cusworth, Program Coordinator	P 607.547.4885	Yes	Both	No
Guthrie Clinic <i>Diabetes Education Classes</i>	1 Guthrie Square Sayre, PA 18840	Jennifer Riley, RN, CDE	P: 570.882.3372	Yes	Both	No
Lourdes Hospital Inc. <i>Lourdes Diabetes Center</i>	169 Riverside Drive Binghamton, NY 13905	Kelly Strope	P: 607.772.6269 F: 607.771.6280	Yes. If required by insurance.	Both	Yes
O'Connor Hospital <i>Diabetic Support Group</i>	460 Andes Road Delhi, NY 13753	Carol Gilbert, CDM	P: 607.746.0341	Yes.	Group only	Yes September through May
United Health Services Hospitals <i>Diabetes Education</i>	40 Arch Street Picciano Building, 2 nd Fl. Johnson City, NY 13790	Receptionist	P: 607.763.6092	Yes	Both	No
Wilson Memorial Regional Med. Ctr. <i>Diabetes Education & Management Center</i>	40 Arch Street Johnson City, NY 13790	Carol Moran	P: 607.763.6092	Yes	Both	Yes
Vermont/New Hampshire						
Brattleboro Memorial Hospital <i>Diabetes Edu. & Counseling Program</i>	17 Belmont Avenue Brattleboro, VT 05301	Houghton Smith, RN, BSN, CDE	P: 802.251.8429	Yes. If required by insurance.	Both	No
Central Vermont Medical Center <i>The Diabetes Management Program</i>	130 Fisher Road Berlin, VT 05602	Jodi Grout, RN	P: 802.371.4152 F: 802.371.4811	If required by insurer.	Both	Yes
Cheshire Medical Center/Dartmouth /Hitchcock Keene <i>Diabetes Self Management Education Program</i>	580-590 Court Street Keene, NH 03431	Patty Schumann, CDE	P: 603.354.5454. Ext. 3815	Yes, if insurance requires.	Both	Yes Talking Diabetes Discussion Group (Monthly, Day and Evenings)
Dartmouth Hitchcock Medical Center <i>Adult Diabetes Self Management Program</i>	One Medical Center Dr. 5C Endocrinology Clinic Lebanon, NH 03756	Rita Ketay, RN, CDE Beverly Poirier	P: 603.650.8630	Yes	Both	Yes
Diabetes Center of Lamoille Valley	384 Lower Main W. PO Box 318 Johnson, VT 05656	Dorothy Malone Rising, MS, RN, ANP, CDE	P: 802.635.6689 F: 802.635.7435	Yes, if required by insurance	Both	No
Fletcher Allen Health Care <i>Vermont Regional Diabetes Center</i>	3 Timber Lane So. Burlington, VT 05403	Rhonda Lapidow Krissy Bolton Linda Tilton	P: 802847.1014 F: 802.847.2226	Yes, and can also self refer.	Both	Community programs

Gifford Medical Center Kingwood Health Center <i>Life with Diabetes</i>	1422 Route 66 Randolph, VT 05060	Jennifer Stratton, RD, CDE	P:802.728.7100	No	Both	Yes, not in June or August
Morrisville Family Health	607 Washington Hwy. Morrisville, VT 05661	Cheri Holton, FNP, CDE	P:802.888.5639 F:802.888.6040	Yes, if insurance requires.	Individual	At Copley Hospital
Mt. Ascutney Hospital & Health Ctr. <i>Diabetes Self Management Program</i>	289 County Road Windsor, VT 05089	Nancy McCullough, RN, MS, CDE Virginia Morse, CDE	P:802.674.7198 F:802.674.7314	Yes	Both	Yes
North Country Hospital <i>Nutrition Department</i>	189 Prouty Drive Newport, VT 05855	Anick Desorcy, RD, CDE	P:802.334.4155	Yes	Individual	Yes
Northeastern Vermont Regional <i>Diabetes Self Management Program</i>	1 Hospital Drive Hospital-NVRH St Johnsbury, VT 05819	Ginny Flanders, RD, CDE	P:802.748.7433	Yes, if insurance requires.	Both	Yes
Northwestern Medical Center <i>Diabetes and You</i>	133 Fairfield Street St. Albans, VT 05478	Debbie Robertson, CDE	P:802.524.1031 F:802.524.8498	Yes	Both	Yes
Porter Hospital <i>Basic Diabetes Education Program</i>	115 Porter Drive Middlebury, VT 05753	Elaine Coon, RN, CDE	P:802.388.4760 Ext. 723	No	Both	No
Rutland Regional Diabetes Center	8 Albert Cree Drive Rutland, VT 05701	Donna Hunt, RD, CDE	P:802.775.7844 F:802.885.7367	Yes, if insurance requires.	Both	Yes
Springfield Hospital	P.O. Box 2003 Springfield, VT 05156	Marcia Manner, RNC, CDE	P:802.885.7508	Yes	Individual, group on occasion	Yes
Weeks Medical Center <i>Diabetes Educational Program</i>	47 Church St. Grovtown, NH 03582	Mary Beth Kiniston	P:603.636.1101 (hospital)	Yes, if insurance requires	Individual	Yes

Western New York Region

Diabetes Care and Resource Center	224 Alexander Street, Suite 200 Rochester, NY 14607	Mary Ann Graff	P:585.922.8400 F:585.922.8405	Yes, if insurance requires.	Yes	No Every second Tues
Diabetes Healthsource	2400 South Clinton Ave. Clinton Crossings Building H, Suite 135 Rochester, NY 14618	Sally Nordquist, RN	P. 585.341.7066 F. 585.341.7945	Yes	Both	No
Geneva General Hospital Diabetes Health Services	196 North Street Geneva, NY 14456	Pat Cochrane, Health Education Coordinator. CDE	P:315.787.4006	Yes	Both	Yes
Noyes Diabetes Education	111 Clara Barton St Dansville, NY 14437-9503	Nancy Johnsen RN CDE	P. 585-335-4355 diabetes@noyes-hospital.org	Yes if new to insulin.	Both	Yes
Soldiers and Sailors Memorial Hospital Diabetes Health Services	418 North Main Street Penn Yan, NY 14527	Pat Cochrane, Health Education Coordinator, CDE	P:315.787.4006	Yes	Both	Yes
Unity Health Diabetes Nutrition and Weight Management Ctr.	2655 Ridgeway Ave. Rochester, NY 14626	Jean Bauch	P: 585-368-4560 Fax: 585-368-4565	No	Both	No