

# Plans with a Real Advantage

Comprehensive health coverage and access to our extensive network of doctors and hospitals **are only the beginning**. Take full advantage of the many added programs, memberships, and extras you receive with your MVP Health Care® Medicare Advantage plan.

## Wherever Life Takes You, Take Gia®

With the *Gia by MVP* mobile app, you've got a **guide to your health** (and your health plan) with you every step of the way. Gia connects you with a doctor in minutes for \$0 virtual care services, available 24/7 by text, video, or phone call. Get help with an urgent or emergent care need, chronic condition, medications, or lab tests.

Gia also connects you to your health plan, with access to your ID cards, claims, and a wide network of providers, right in your pocket. To learn more, visit [StartWithGia.com](https://www.startwithgia.com).

## Dental Services

**Here's something to smile about!** All MVP Medicare Advantage plans include coverage for preventive and comprehensive dental services with no deductibles.

## Vision Benefits Powered by EyeMed®

**Take advantage of an annual allowance for glasses and contacts.** Plus, with vision partner EyeMed, choose from a mix of national and local retail providers, and save on premier designer glasses.

## Questions?

Call the MVP Medicare Customer Care Center at **1-800-665-7924** (TTY 711), seven days a week, 8 am–8 pm Eastern Time. April 1–September 30, call Monday–Friday, 8 am–8 pm.

Learn more about MVP Medicare Advantage plans' extra support, benefits, and guidance. 

## Over-the-Counter Allowance

**All plans include a quarterly allowance** to use on over-the-counter medicine and health-related purchases. Order online, through mail order, or shop at participating retailers.

## TruHearing® Hearing Aids

**Your flexible hearing benefit covers up to two TruHearing Advanced or Premium hearing aids** per year at low co-payments, or you can apply an allowance to a broader catalogue of hearing aids. Choose from a variety of styles featuring the latest technology.

## Transportation Services

**All MVP Medicare Advantage plans offer free one-way rides** to medical appointments via ride share, medical sedan, or wheelchair van.

## Mom's Meals®

**After an inpatient hospital stay, MVP offers free meal delivery**, in partnership with Mom's Meals. You'll receive 14 refrigerated meals delivered directly to your home, at no cost.

# The MVP Living Well Advantage

Extra support, benefits, and guidance from MVP to help you live your best life.

## Be Well Rewards

Earn a \$100 gift card just for completing your Annual Wellness Visit with your doctor! Your Annual Wellness Visit is covered under your plan at no cost.

## MVP Living Well Classes

Join us for dozens of classes, fitness programs, and seminars offered throughout the year by the MVP Health Promotions team. Most classes and webinars are free for MVP Medicare Advantage members. Visit [mvphealthcare.com/calendar](https://mvphealthcare.com/calendar) to view an upcoming class schedule. In-person class offerings may vary by region.

## SilverSneakers®

Enjoy a free membership to over 16,000 fitness locations nationwide with SilverSneakers. Plus, with access to a full library of on-demand videos, live classes, and the GetSetUp learning community, you can stay active and engaged from the comfort of home.

## Case Management

The MVP Case Management team offers personal guidance and extra support to help manage everyday health concerns or ongoing health issues. Free health management programs are also available for members living with a number of chronic health conditions including asthma, diabetes, heart disease, lower back pain, and more.

## Medication Therapy Management Program

Take an active role in managing your health and mitigating medication errors. To learn more about this program, email [RxAdvisor@mvphealthcare.com](mailto:RxAdvisor@mvphealthcare.com) or call **1-866-942-7754**, Monday–Friday, 8:30 am–5 pm.

## Diabetes Prevention Program

This is an evidence-based program for members who have been diagnosed with prediabetes, or who are at higher risk of developing diabetes. Learn to adapt new, healthy choices during meetings with nationally trained lifestyle coaches.

Visit [mvphealthcare.com/medicare](https://mvphealthcare.com/medicare) to learn more.

MVP Health Plan, Inc. is an HMO-POS/PPO organization with a Medicare contract. Enrollment in MVP Health Plan depends on contract renewal.

Out-of-network/non-contracted providers are under no obligation to treat MVP Health Plan members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-networks services.

MVP Health Plan, Inc. complies with Federal civil rights laws. MVP Health Plan, Inc. does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex (including sexual orientation and gender identity).

MVP virtual care services through Gia are available at no cost-share for most members. In-person visits and referrals are subject to cost-share per plan.

For accommodations of persons with special needs at meetings, call 1-800-324-3899 (TTY 711).

ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-844-946-8010 (TTY 711).

注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-844-946-8010 (TTY 711)。

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