



# LIVE ONLINE LEARNING

SilverSneakers keeps getting better!

Experience new ways to ignite your interests and hobbies or discover new ones. Enjoy participating in fun, easy-to-follow, live interactive online classes with your peers.

SilverSneakers® has teamed up with GetSetUp<sup>1</sup> to bring you more ways to learn and grow.

you can join GetSetUp classes at **no extra cost.**<sup>2</sup>



### Learn new skills

With a variety of specially curated classes in categories like **technology, cooking, travel and more.**



### Interact with peers

Enjoy learning, creating and sharing in a positive environment with older adults.



### Learn in your language

Classes are held in a variety of languages such as English, Spanish, Mandarin and Hindi.

Find out more and start using your exciting new perk today!

***SilverSneakersLearn.com***

**1-888-423-4632** (TTY: 711)  
Monday – Friday 8 a.m. – 8 p.m. ET

1. GetSetUp is a third-party provider and is not owned or operated by Tivity Health, Inc. ("Tivity") or its affiliates. Users must have internet service to access GetSetUp service. Internet service charges are responsibility of user.
2. Charges may apply for access to certain GetSetUp classes or functionality.