#### TRAINING AND EDUCATION FOR THE ADVANCEMENT OF CHILDREN'S HEALTH

# Better Health. Brighter Future.

Good mental health lets young people live their best lives. Let us help you care for the kids in your practice.

Half of all chronic mental illness begins by age 14. The importance of early identification and intervention is vital to children's overall health. Yet there is a shortage of child psychiatrists across New York State. Very few are in rural areas.

The New York State Office of Mental Health (OMH) has a plan in place to address this.

Project TEACH is one way that OMH is working to meet the mental health needs of children and families. Its mission is to strengthen and support the ability of New York's pediatric primary care providers (PCPs) to deliver care to children and families who experience mild-to-moderate mental health concerns.

# CONSULTATIONS

Project TEACH allows PCPs to speak on the phone with child and adolescent psychiatrists. Ask questions, discuss any concerns, or review treatment options, whatever you need to support your ability to better serve your patients. You can also request face-to-face consultations with child and adolescent psychiatrists for the children and families in your practice.



Linkage and referral services help PCPs and families access community mental health and support services. This includes clinic treatment, care management, or family support. Project TEACH can refer you to appropriate and accessible services that children and families in your practice need.



Project TEACH offers training in several different formats for PCPs. These programs support your ability to assess, treat and manage mild-to-moderate mental health concerns in your practice.

# Why Use Project TEACH Services?

They're easy to access – just call!

All consultations, trainings and referrals are at no cost for pediatric primary care providers and other prescribers who provide ongoing treatment to children.\*

It helps your practice provide the best possible care to the children and families you serve. It improves the health of children and families in New York State.

\*Families with insurance may be billed for face-to-face consultations.

### Learn more at ProjectTEACHny.org

Project TEACH divides New York into three distinct regions. Teams of child and adolescent psychiatrists and health experts deliver services in each region. They complete all the consultations, deliver trainings, and provide referrals. These experts represent renowned organizations in each region.



### **Parents and Family Members**

Are you concerned that your child has behavioral or emotional challenges? Then tell your child's health providers about Project TEACH.

Visit ProjectTEACHny.org to download a flyer and help them get started.

A PROJECT FUNDED BY:



## Learn more at ProjectTEACHny.org