MOM'S MEALS®

Improving life through better nutrition at home

At MVP Health Care® (MVP), we recognize the importance of having access to the right nutrition, which is why we have partnered with Mom's Meals®.

When recovering from a stay in the hospital or skilled nursing facility, we ensure you get the nutrition you need for better health at every stage in life.

Our Difference

Refrigerated – Ready to heat, eat and enjoy in minutes

Medically Tailored – Supports the needs of most common chronic conditions

Choice of Every Meal, Every Delivery*

Delivery to Any Address – No matter how remote

Compassionate Customer Service

*Initial deliveries will have a variety of meals based on dietary preferences.

How it Works

1 A member of the MVP Case Management Team will call after you are discharged from the hospital

2 Mom's Meals will conduct a Welcome Call to confirm your order

3 Fourteen meals are delivered to your home

MVP
HEALTH CARE®

Choosing HEALTH, NOURISHING *Happiness*

Mom's Meals offers menus that meet the nutritional requirements for most major health conditions.

Heart-Friendly

Diabetes-Friendly

Vegetarian

Cancer Support

Lower Sodium

Pureed

General Wellness

Renal-Friendly

Gluten Free

> *Mom's Meals continues to help me heal. After my surgery, I was told to stay off my feet. Thanks to the ease of your meals, I have been able to do so. I LOVE IT!*
>
> *- Happy Customer*

Sample Menu*

BREAKFAST

BREAKFAST SANDWICH
and Fruit Crisp

COLBY CHEESE OMELET
with French Toast Sticks
and Turkey Sausage

LUNCH

BEEF STEW
with Cornbread

PORK STIR FRY RICE
and Spiced Fruit Medley

DINNER

CHEESE LASAGNA
with Marinara Sauce
and Fruit Crisp

BBQ CHICKEN WITH POTATO MEDLEY
and Seasoned Green Beans

For more information, contact MVP Case Management at 1-866-942-7966 Monday–Friday, 8:30 am–5 pm (TTY 711)

MOM'S MEALS®

MVP® HEALTH CARE

*Meals/menu availability are dependent on plan benefit.

Health and Wellness or Prevention Information

MVP Health Plan, Inc. is an HMO-POS/PPO organization with a Medicare contract. Enrollment in MVP Health Plan depends on contract.