

## Clinical Guidelines for HIV Pre-Exposure Prophylaxis

The New York State Department of Health (NYSDOH) AIDS Institute has announced the return of PrEP Aware Week, a public education campaign with activities across New York State, taking place October 25–31, 2020. In honor of PrEP Aware Week 2020, MVP Health Care® (MVP) is sharing with Providers the clinical guidelines for HIV Pre-Exposure Prophylaxis (PrEP) from the NYSDOH.

HIV PrEP is highly effective at preventing HIV among adults and adolescents. The FDA has approved a once daily option that includes two effective and distinct co-formulated antiviral agents for the prevention of HIV acquisition in adults and adolescents. MVP has an important role to play in supporting access to PrEP when it is clinically indicated.

Coverage for PrEP varies by MVP plan. MVP Members should refer to their benefits information to confirm coverage for PrEP.

The New York State HIV Clinical Guidelines Program has clinical guidelines regarding PrEP. The following elements of the guidelines make PrEP easier for individuals to use and easier for clinicians to prescribe and manage. The guidelines:

- Allow for greater individualization of PrEP, including greater flexibility regarding follow-up medical appointments and how and where follow-up lab work can be completed
- Include the addition of a second FDA-approved PrEP medication
- Provide guidance for same day initiation of PrEP
- Provide guidance for on-demand PrEP dosing for cis-gender males
- Include new, simple tools for taking a sexual history and managing PrEP

Complete guidelines are available at [hivguidelines.org/prep-for-prevention](https://hivguidelines.org/prep-for-prevention).

### NYS Medicaid Coverage for PrEP

A fact sheet detailing Medicaid Coverage for PrEP and PrEP-related services—such as HIV testing and STI screening—is available. Because high rates of HIV are seen among people of transgender experience, this Fact Sheet also reviews Medicaid coverage of gender affirming medications. To review the fact sheet, go to [mvphealthcare.com/PQIM](https://mvphealthcare.com/PQIM), select *Infectious Disease*, then *Clinical Guidelines*, then *NYS Medicaid Coverage for HIV PrEP Related Services*.

To view a summary of all updates, visit [mvphealthcare.com/Providers](https://mvphealthcare.com/Providers).

To receive future FastFax messages by email, send a request to [MVPFastFax@mvphealthcare.com](mailto:MVPFastFax@mvphealthcare.com).

**Questions?** Contact your MVP Professional Relations Representative or call the MVP Customer Care Center for Provider Services at 1-800-684-9286.

