

Medical Policy Update Effective January 1, 2021

To view all current MVP Health Care® (MVP) Medical policies, *Sign In* at mvphealthcare.com and select *Resources*, then *Medical Policies*. All policies are reviewed at least once annually.

The following policy is effective January 1, 2021 and will be available to view on December 1, 2020. Hard copies of the policy are available upon request.

The **Applied Behavioral Analysis (ABA)** medical/behavioral health policy has been updated as a stand-alone behavioral health/medical policy that includes the indications, and criteria for treatment for Autism Spectrum Disorder (ASD) using applied behavioral analysis (ABA). The policy indicates that a Member must be diagnosed with ASD per DSM-5 criteria to qualify for ABA treatment. The policy outlines the documentation requirements for prior authorization. It addresses the importance that ASD treatments, include a multidisciplinary treatment approach, as the standard of care. Exclusions are listed in the policy including, but not limited to complementary, and alternative medicine.

To view a summary of all updates, visit mvphealthcare.com/Providers.

To receive future FastFax messages by email, send a request to MVPFastFax@mvphealthcare.com.

Questions? Contact your MVP Professional Relations Representative or call the MVP Customer Care Center for Provider Services at 1-800-684-9286.

