

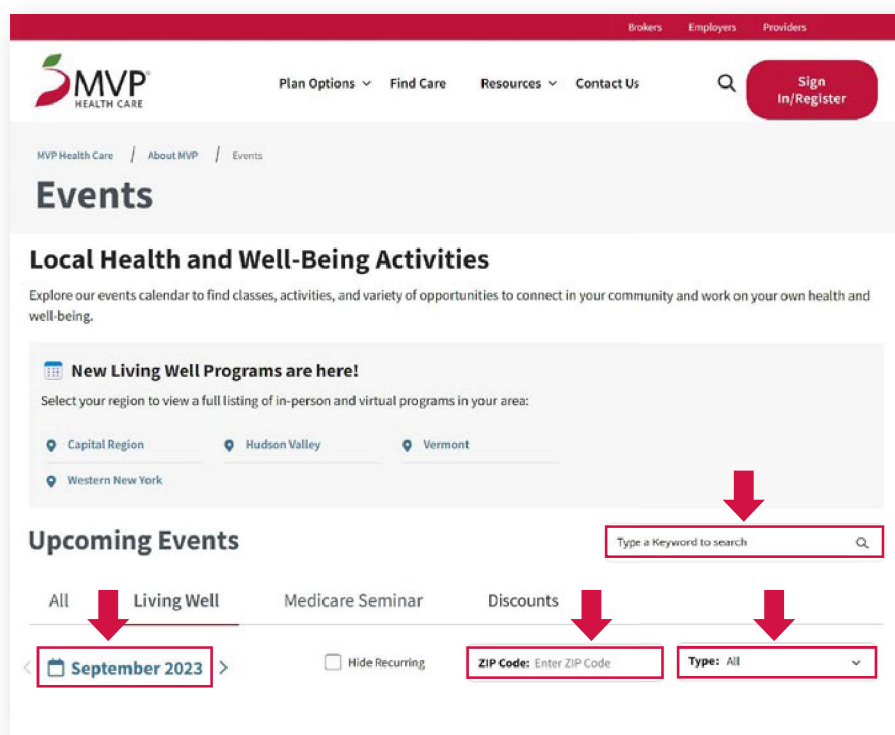
MVP Health and Well-Being Activities

Visit mvphealthcare.com/calendar to register for classes and programs!

We know how important our Living Well classes and program are to our MVP members and community, and we've made it easier for you to find what you need on our Events page.

Easy Ways to Use the *Upcoming Events* Page

- **Monthly Views**—simply use the arrows to find the month you're looking for and find select events during that time
- **Zip Code Filter**—search by *Zip Code* to find classes specific and local to you
- **Class Type Filter**—search by *Type* to find Hybrid Classes (a blend of in-person and virtual), Virtual Classes, or In-Person only classes
- **On-Page Search**—jump to exactly where you need to be by entering a few keywords of the class you are looking for or select the categories to find what you need
- **Upcoming Event Categories**—another way for you to search for your favorite class! Select *Living Well* under the Upcoming Events heading to find classes and programs. Select *Discounts* for local discounts, vouchers, and promotions



Looking for in-person classes?

Visit mvphealthcare.com/calendar to find program descriptions, locations, and times for Living Well offerings throughout our service area, or scan the code with your smart device.

Need help registering for a program? Email livingwellprograms@mvphealthcare.com.

