

## Quick Reference

### Extended Day Supply Provider FAQ (90-day & 100-day)

#### Why Update an Extended Day Supply Prescription?

- Improves medication adherence
- Reduces pharmacy visits and Member costs
- Aligns with plan benefits for maintenance medications
- Convenience to have prescription delivered directly to Member's door to reduce transportation barriers (if using the Mail-Order Pharmacy)

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### Common Questions & Answers

#### Question: What does "Extended Day supply" mean?

**Answer:** It refers to days of therapy, not tablet count.

Example:

- 1 tablet twice daily = 200 tablets for 100 days
- 1 tablet once daily = 90 tablets for 90 days
- 1 tablet 3x a day = 270 tablets for 90 days

#### Question: Why should the prescription be updated if refills remain?

**Answer:** Providers often wait until refills are used, but updating now ensures future fills align with the Extended Day supply benefit, especially if it is something that will help the patient with barriers they may be facing.

#### Question: What if multiple prescriptions are requested to be extended?

**Answer:** Clarify that all eligible maintenance medications should be updated for consistency and Member convenience.

#### Question: Why update if the Member recently received a 90-day supply?

**Answer:** Updating now ensures future fills are streamlined and reduces Member burden.

#### Question: Which medications are eligible for a 100-day supply?

**Answer:**

- Most \$0 preferred generic drugs for chronic conditions on tier 1 of the MVP Medicare Part D formulary (e.g., hypertension, diabetes, cholesterol)
- Controlled substances and certain specialty drugs may not qualify  
Check the plan formulary or pharmacy help desk for details
- Please see the MVP formularies for more [information](#)

#### Question: Will a new authorization be required to switch to an extended day supply?

**Answer:** If a patient has a current authorization, the patient will not require a new authorization unless there is a change to the dose or frequency.

#### Question: Which medications are eligible for a 90-day supply?

**Answer:**

- Most medications on tiers 1-4 are eligible to be prescribed as a 90-day supply
- Controlled substances and certain specialty drugs may not qualify  
Check the plan formulary or pharmacy help desk for details
- Please see the MVP formularies for more [information](#)

**Question: What if a drug is eligible to be prescribed as a 100-day supply but your patient wishes to have it filled as a 90-day supply?**

**Answer:** Please work with your patients and submit a new prescription for the 90-day supply. Patients can work with their pharmacy to synchronize their refill dates.

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### **Provider Tips**

- Confirm eligibility via formulary or pharmacy resources
- Educate staff on days-supply vs. tablet count
- Proactive updates improve adherence and Member satisfaction