

The CRAFFT Screening Interview

Begin: "I'm going to ask you a few questions that I ask all my patients. Please be honest. I will keep your answers confidential."

Part A

During the PAST 12 MONTHS, did you:	No	Yes
1. Drink any <u>alcohol</u> (more than a few sips)? (Do not count a few sips of alcohol taken during family or religious events)	<input type="checkbox"/>	<input type="checkbox"/>
2. Smoke any <u>marijuana</u> or <u>hashish</u> ?	<input type="checkbox"/>	<input type="checkbox"/>
3. Use <u>anything else</u> to get high? ("anything else" includes illegal drugs, synthetic marijuana, over-the-counter and prescription drugs, or things that people sniff or "huff")	<input type="checkbox"/>	<input type="checkbox"/>

For clinic use only: Did the patient answer "yes" to any questions in Part A?

No



Yes



Ask CAR question only, then stop

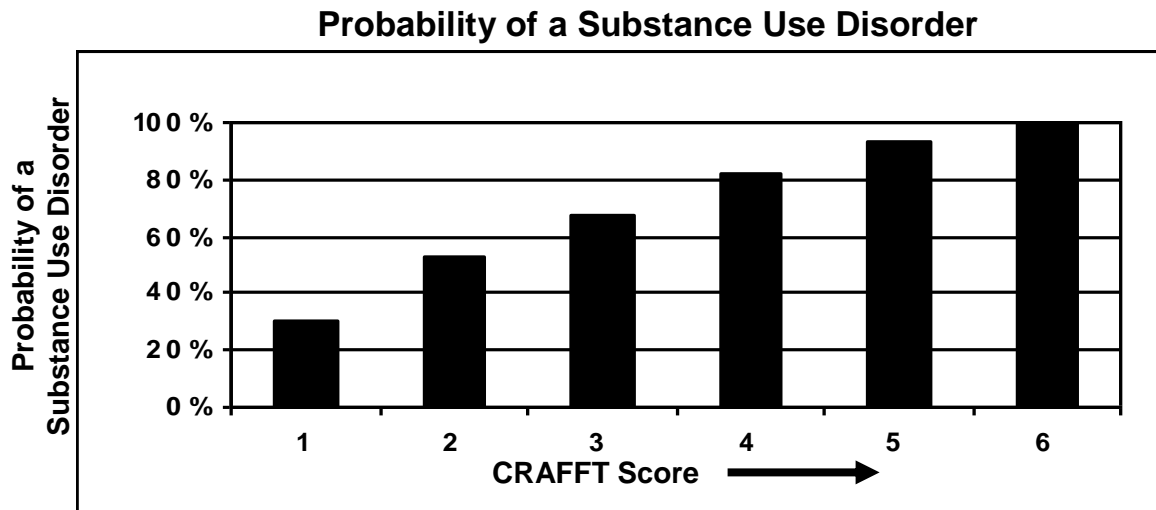
Ask all 6 CRAFFT questions

Part B

	No	Yes
1. Have you ever ridden in a CAR driven by someone (including yourself) who was "high" or had been using alcohol or drugs?	<input type="checkbox"/>	<input type="checkbox"/>
2. Do you ever use alcohol or drugs to RELAX , feel better about yourself, or fit in?	<input type="checkbox"/>	<input type="checkbox"/>
3. Do you ever use alcohol or drugs while you are by yourself, or ALONE ?	<input type="checkbox"/>	<input type="checkbox"/>
4. Do you ever FORGET things you did while using alcohol or drugs?	<input type="checkbox"/>	<input type="checkbox"/>
5. Do your FAMILY or FRIENDS ever tell you that you should cut down on your drinking or drug use?	<input type="checkbox"/>	<input type="checkbox"/>
6. Have you ever gotten into TROUBLE while you were using alcohol or drugs?	<input type="checkbox"/>	<input type="checkbox"/>

*Two or more **YES** answers on the CRAFFT suggest a serious problem and need for further assessment.

1. Show your patient his/her score on the graph



2. Talking Points for Clinician Counseling

No Use

- Not using drugs and alcohol is a smart decision for your health. You should be proud of yourself. If that ever changes, I hope you trust me enough that we can talk about it.

Any Use

- My recommendation as your doctor is not to use drugs or alcohol *at all*.

CRAFFT score ≥ 2

- I am quite concerned about you. Let's plan a follow-up meeting in about a month.

3. Counseling Points for All

- Alcohol and drugs can affect brain development, which continues into your mid-20s.
- Early alcohol and drug use greatly increases your risk for developing addiction, major depression, anxiety disorders, and psychotic thinking.
- Alcohol can hurt and scar your liver; marijuana can hurt your lungs
- Alcohol and drugs can cause car crashes. Marijuana impairs driving just as much as alcohol does, and its effects last longer.

4. Give each patient the Contact for Life

<http://www.sadd.org/contract.htm#cf1>

The Center for Adolescent Substance Abuse Research,
(CeASAR) at Boston Children's Hospital
(617) 355-5433 www.ceasar.org
For more information, contact ceasar@childrens.harvard.edu

© John R. Knight, MD, Boston Children's Hospital, 2015.
All rights reserved. Reproduced with permission.