Antidepressant Medication Management (AMM)

Patient Profile
MVP members 18 years of age and older, with a diagnosis of major depression, and who are being treated with antidepressant therapy. You need to ensure member compliance in taking their medication. Two rates are reported: The percentage of members who remained on an antidepressant medication for at least 84 days (12 weeks) and the percentage of members who remained on an antidepressant medication for at least 180 days (6 months).

How to Implement Best Practices and Improve Performance

- Schedule time with the patient and provide educational materials that address the following:
  - When will the medication start working and how will the patient know that it’s working?
  - What will it feel like to be on the medication?
  - How long will the patient need to be on the medication?
  - What are the possible side-effects and what should the patient do if they experience any?
  - Stress the importance of continuing medication, even if the patient is feeling better.
  - Reiterate the importance of attending follow-up visits.

- When working with Pediatric patients, you may want the parent/guardian to work with a drug chart and allow patient participation if possible. The chart can show when the patient has taken their medication and can include extra space to document any concerns. Patients/caregivers can use a free mobile app such as MyMedSchedule to track medication lists, chart when taken, set reminders, and track health needs such as recent labs.

- Elderly patients may need medication cuing for successful adherence. A family member may be encouraged to call patients, do a medication set up, or create a drug chart that allows the patient to see when the medication is due to be taken. It may also include helpful tips on what to do if concerns arise, such as when a dose is missed or who to call when there are side-effects.

- Call Beacon Health Options at 1-888-204-5581 for case management guidance, such as home care referrals, in order to teach medication management strategies and inquire about other community support that may be available to assist patients/families.

- Family engagement around the health care needs of the patient is a big part of a successful plan of care.

Information related to all 2019 HEDIS measures has been extracted from the NCQA 2019 HEDIS Technical Specifications Volume 2.

The medication list below is used when evaluating the measure criteria noted above. For information on medications covered by MVP, see the MVP Medicaid Drug Formulary available by visiting mvphealthcare.com and selecting Providers, then Pharmacy, then MVP Formularies.

Examples of Antidepressant Medications
Use of the drugs listed here will score the measure as compliant. Visit ncqa.org for a comprehensive list of antidepressant medications.

<table>
<thead>
<tr>
<th>Miscellaneous Antidepressants</th>
<th>Bupropion</th>
<th>Vilazodone</th>
<th>Vortioxetine</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monoamine Oxidase Inhibitors</td>
<td>Isocarboxazid</td>
<td>Selegiline</td>
<td>Phenelzine</td>
</tr>
</tbody>
</table>
Examples of Antidepressant Medications continued.

<table>
<thead>
<tr>
<th>Phenylpiperazine Antidepressants</th>
<th>Nefazodone</th>
<th>Trazodone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Psychotherapeutic combinations</td>
<td>Amitriptyline-chlordiazepoxide</td>
<td>Fluoxetine-olanzapine</td>
</tr>
<tr>
<td></td>
<td>Amitriptyline-perphenazine</td>
<td></td>
</tr>
<tr>
<td>SNRI Antidepressants</td>
<td>Desvenlafaxine</td>
<td>Levomilnacipran</td>
</tr>
<tr>
<td></td>
<td>Duloxetine</td>
<td>Venlafaxine</td>
</tr>
<tr>
<td>SSRI Antidepressants</td>
<td>Citalopram</td>
<td>Fluoxetine</td>
</tr>
<tr>
<td></td>
<td>Sertraline</td>
<td>Paroxetine</td>
</tr>
<tr>
<td></td>
<td>Escitalopram</td>
<td>Fluvoxamine</td>
</tr>
<tr>
<td>Tricyclic Antidepressants</td>
<td>Amitriptyline</td>
<td>Desipramine</td>
</tr>
<tr>
<td></td>
<td>Protriptyline</td>
<td>Clomipramine</td>
</tr>
<tr>
<td></td>
<td>Nortriptyline</td>
<td>Imipramine</td>
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<tr>
<td></td>
<td>Amoxapine</td>
<td>Triproprazine</td>
</tr>
<tr>
<td></td>
<td>Doxepin (≥6mg)</td>
<td></td>
</tr>
<tr>
<td>Tetracyclic Antidepressants</td>
<td>Maprotiline</td>
<td>Mirtazapine</td>
</tr>
</tbody>
</table>

Use of drugs listed here will score the measure as compliant. Remember to reference the MVP Formulary to learn which of these medications are covered by the member’s plan.

Billing Codes

AMM Stand Alone Visits Value Set with Major Depression
Value Set with or without Telehealth Modifier Value Set
98960–98962, 99078, 99201–99205, 99211–99215, 99217–99220,
99221–99224, 9934–99345, 99347–99350, 99384–99387,
99394–99397, 99401–99404, 99411, 99412, 99510

AMM Visit With Place of Service (POS) Codes and with
Major Depression with or without Telehealth Modifier
Value Set
90791, 90792, 90832–90834, 90836–90840, 90845, 90847, 90849,
90853, 90867–90870, 90869, 90870, 90875, 90876, 99221–99223,
99231–99233

Telehealth Modifier Value Set
95, GT

Phone Visits Value Set with Major Depression Value Set
98966–98968, 99441–99443

HCPCS Codes

AMM Standalone Visti Codes
G0155, G0176, G0177, G0409–G0411, G0463, H0002, H0004, H0031,
M0064, S0201, S9480, S9484, T1015

Provider Contact Information

for MVP Health Care and Beacon Health Options, MVP’s partner in managing mental health and substance use services for our members.

MVP Provider Customer Care
1-866-942-7966 (TTY: 1-800-662-1220)
Monday–Friday, 8:30 am–5:00 pm Eastern Time
mvphealthcare.com

Beacon Health Options Provider Customer Service
1-888-204-5581
Monday–Friday, 8:30 am–5:00 pm Eastern Time
beaconhealthoptions.com