

Screening for Prediabetes

Patient Profile

MVP Health Care® members 18–75 years of age with risk factors for diabetes.

How to Implement Best Practices and Improve Performance in the Detection of Prediabetes and the Prevention of Diabetes Diagnoses

- Routinely incorporate the use of the CDC Prediabetes Screening Test during the office visit intake process. Perform the screening at least annually (see below).
- For patients scoring 9 or more points on the prediabetes screening test, refer member to **cdc.gov** and select *Diseases and Conditions*, then *Diabetes*, and then *National Diabetes Education Program* for educational information about prediabetes.
- For patients scoring 9 or more points on the screening test, proceed to diabetes testing.
- For patients with a new diabetes diagnosis, see the five part MVP Tip Sheet series, the Comprehensive Diabetes Care (CDC) and the 2019 HEDIS Reference Guide for Primary Care, by visiting mvphealthcare.com/HEDISTips.

Yes	No	
1	0	Have you had a baby weighing more than nine pounds at birth?
1	0	Do you have a sister or brother with diabetes?
1	0	Do you have a parent with diabetes?
5	0	Are you overweight?
5	0	Are you younger than 65 and get little to no exercise?
5	0	Are you between 45 and 64 years old?
9	0	Are you 65 or older?
Total Score		3-8 points = Low risk for prediabetes.
<input type="text"/>		9+ points = High risk for prediabetes.

Billing Codes

ICD 10-CM

Prediabetes diagnosis
R73.03

Encounter for screening for diabetes
Z13.1