

Antidepressant Medication Management (AMM)

Patient Profile

MVP members 18 years of age and older, with a diagnosis of major depression, and who are being treated with antidepressant therapy. You need to ensure member compliance in taking their medication. Two rates are reported: The percentage of members who remained on an antidepressant medication for at least 84 days (12 weeks) and the percentage of members who remained on an antidepressant medication for at least 180 days (6 months).

How to Implement Best Practices and Improve Performance

- Schedule time with the patient and provide educational materials that address the following:
 - When will the medication start working and how will the patient know that it's working?
 - What will it feel like to be on the medication?
 - How long will the patient need to be on the medication?
 - What are the possible side-effects and what should the patient do if they experience any?
 - Stress the importance of continuing medication, even if the patient is feeling better.
 - Reiterate the importance of attending follow-up visits.
- When working with Pediatric patients, you may want the parent/guardian to work with a drug chart and allow patient participation if possible. The chart can show when the patient has taken their medication and can include extra space to document any concerns. Patients/caregivers can use a free mobile app such as **MyMedSchedule** to track medication lists, chart when taken, set reminders, and track health needs such as recent labs.
- Elderly patients may need medication cueing for successful adherence. A family member may be encouraged to call patients, do a medication set up, or create a drug chart that allows the patient to see when the medication is due to be taken. It may also include helpful tips on what to do if concerns arise, such as when a dose is missed or who to call when there are side-effects.
- Call MVP Customer Care Center for Provider Services at **1-800-684-9286** for case management guidance, such as home care referrals, in order to teach medication management strategies and inquire about other community support that may be available to assist patients/families.
- Family engagement around the health care needs of the patient is a big part of a successful plan of care.

Information related to all 2020 HEDIS measures has been extracted from the NCQA 2020 HEDIS Technical Specifications Volume 2.

The medication list on the following page is used when evaluating the measure criteria noted above. For information on medications covered by MVP, see the **MVP Medicaid Drug Formulary** available by visiting mvphealthcare.com and selecting *Providers*, then *Pharmacy*, then *MVP Formularies*.

Examples of Antidepressant Medications

Use of the drugs listed here will score the measure as compliant. Visit [ncqa.org](https://www.ncqa.org) for a comprehensive list of antidepressant medications.

Miscellaneous Antidepressants	Bupropion	Vilazodone	Vortioxetine		
Monoamine Oxidase Inhibitors	Isocarboxazid	Selegiline	Phenelzine	Tranylcypromine	
Phenylpiperazine Antidepressants	Nefazodone	Trazodone			
Psychotherapeutic combinations	Amitriptyline-chlordiazepoxide	Fluoxetine-olanzapine	Amitriptyline-perphenazine		
SNRI Antidepressants	Desvenlafaxine	Levomilnacipran	Duloxetine	Venlafaxine	
SSRI Antidepressants	Citalopram Sertraline	Fluoxetine	Paroxetine	Escitalopram	Fluvoxamine
Tricyclic Antidepressants	Amitriptyline Protriptyline	Desipramine Clomipramine	Nortriptyline Imipramine	Amoxapine Triipramine	Doxepin (>6mg)
Tetracyclic Antidepressants	Maprotiline	Mirtazapine			

Use of drugs listed here will score the measure as compliant. Remember to reference the MVP Formulary to learn which of these medications are covered by the member's plan.

2020 Coding for Antidepressant Medication Management (AMM)

Codes for AMM	Use of any of the following codes with any diagnosis of major depression will identify the eligible population for AMM.
Acute Inpatient	CPT: 99221-99223, 99231-99233, 99238, 99239, 99251-99255, 99291
BH Outpatient	CPT: 98960-98962, 99078, 99201-99205, 99211-99215, 99241-99245, 99341-99345, 99347-99350, 99381-99387, 99391-99397, 99401-99404, 99411-99412, 99510
	HCPCS: G0155, G0176-G0177, G0409, G0463, H0002, H0004, H0031, H0034, H0036, H0037, H0039, H0040, H2000, H2010-H2011, H2013-H2020, M0064, T1015
	UB Rev: 0510, 0513, 0515-0517, 0519-0523, 0526-0529, 0900, 0902-0904, 0911, 0914-0917, 0919, 0982-0983
Community Mental Health Center POS	POS: 53
ED	CPT: 99281-99285
	UB Rev: 0450-0452, 0456, 0459, 0981
ED POS	POS: 23
Electroconvulsive Therapy	CPT: 90870
	ICD-10 PCS: GZB0ZZZ-GZB4ZZZ
Inpatient Stay	UB Rev: 0100-0101, 0110-0114, 0116-0124, 0126-0134, 0136-0144, 0146-0154, 0156-0160, 0164, 0167, 0169-0174, 0179, 0190-0194, 0199-0204, 0206-0214, 0219, 1000-1002
Major Depression	ICD-10 CM: F32.0-F32.4, F32.9, F33.0-F333, F33.41, F33.9
Non-acute Inpatient Stay	UB Rev: 0022, 0024, 0118, 0128, 0138, 0148, 0158, 0190-0194, 0199, 0524, 0525, 0550-0552, 0559, 0660-0663, 0669, 1000-1002
Observation	CPT: 99217-99220
Outpatient POS	POS: 03, 05, 07, 09, 11-20, 22, 33, 49, 50, 71-72
Partial Hospitalization POS	POS: 52

2020 Coding for Antidepressant Medication Management (AMM) (continued)	
Partial Hospitalization/Intensive Outpatient	HCPCS: G0410, G0411, H0035, H2001, H2012, S0201, S9480, S9484, S9485 UB Rev: 0905, 0907, 0912, 0913
Telehealth POS	POS: 02
Telephone Visits	CPT: 98966-98968, 99441-99443
Transcranial Magnetic Stimulation	CPT: 90867-90869
Visit Setting Unspecified	CPT: 90791, 90792, 90832-90834, 90836-90840, 90845, 90847, 90849, 90853, 90875, 90876, 99221-99223, 99231-99233, 99238, 99239, 99251-99255
Exclusions from AMM	The following codes excludes members from this measure.
Hospice Encounter	HCPCS: G9474-79, Q5003-8, Q5010, S9126, T2042-6 UB Rev: 0115, 0125, 0135, 0145, 0155, 0235, 0650-52, 0655-59
Hospice Intervention	CPT: 99377-8 HCPCS: G08182