



Living Well Programs

MVP Living Well programs are open to all unless otherwise noted. Most programs are free, compliments of MVP Health Care. Visit mvphealthcare.com/calendar to register for all classes. Space is limited and registration is required. Confirmation emails will be sent after registration is complete.

Registration for all Summer classes will open at 8 am on Tuesday, June 28.

Vermont In-Person Programs

\$15 Discount at Outdoor Gear Exchange

MVP members and nonmembers can now save \$15 on any gear rental at Outdoor Gear Exchange! This discount allows recipients to access gear like bikes, watercraft, skis, and snowshoes, all at a discounted rate. To receive your discount, please register for this offering and show your confirmation email at the Burlington shop location.

Program Code: 6365

Offer valid through December 31, 2022

Outdoor Gear Exchange: 37 Church Street, Burlington, VT 05401

Chittenden and Addison Counties