



Children and Family Treatment and Support Services

Children and Family Treatment Support Services are mental health and substance use services that give children/youth and their families the power to improve their health, well-being, and quality of life. These services strengthen families and help them make informed decisions about their care. Services are provided at home or in the community.

Who can get these services?

Children and youth, under age 21, who have mental health and/or substance use needs can use Children and Family Treatment and Support Services at no additional cost. MVP will cover these services for all eligible children and youth under age 21, including those:

- With Supplemental Security Income (SSI)
- Who have Federal Social Security Disability Insurance (SSDI) status, or
- Who have been determined certified disabled by a New York Medical disability review.

How will these services help?

These children's services meet the individual needs of children and their families/caregivers by:

- Identifying mental health and/or substance use needs early
- Providing support in the home and community
- Preventing the need for emergency room visits, hospital stays, or out of home placements

What services are covered?

MVP Medicaid Managed Care members under age 21 will be able to access the following services:

- Therapy Services
 - Assessments for mental health and/or substance use needs
 - Identify strengths and abilities through individual and group therapies
 - Get individual, group, or family therapy where you are most comfortable
- Rehabilitations Services
 - Learn to incorporate therapy goals into everyday life and receive extra support managing medication
 - Build relationships and communicate better with family, friends, and others
 - Learn self-care and use coping skills to manage emotions
- Family Peer Support Services
 - Get support if you are raising youth with mental health and/or substance use challenges
 - Provided by a Credentialed Family Peer Advocate/Certified Recovery Peer Advocate who has similar experiences

- Get support and assistance with
 - Locating information and resources available to meet the youth/family's needs
 - Making informed decisions
 - Building and strengthening natural supports and resources

For more information on available services, please contact Member Services/Customer Care at **1-800-852-7826** (TTY: 1-800-662-1220), Monday – Friday, 8 am – 6pm.