

# Pediatric Preventive Health Care Recommendations

MVP Health Care® encourages all members with children to select a pediatrician. Routine doctor visits help keep your child, and “tween” or teen healthy. If there are any problems, these checkups—also referred to as **well-child care visits**—help the doctor detect them early before they become serious. **Well-child care visits** are a preventive care benefit and covered in full under your MVP medical plan.



## Immunizations—A Great Way to Keep Kids Healthy

**Immunizations are needed to protect your child from potentially life-threatening illnesses.** Vaccination has enabled a reduction of most vaccine-preventable diseases to very low levels in the United States. Additional information and immunization schedules recommended by the Centers for Disease Control (CDC) are available at [cdc.gov](http://cdc.gov). Select *Healthy Living*, then *Vaccines & Immunizations*. Talk to your doctor to determine which immunizations and tests are right for your child.



## MVP Will Help You Find a Doctor

Visit [mvphealthcare.com](http://mvphealthcare.com) and select *Find a Doctor*. You can search for providers by name, location, or specialty. Or you can call the MVP Customer Care Center at the phone number on the back of your MVP Member ID card.

Highlighted areas represent the recommended age range for risk assessment or test/screening to be performed

AGE	Infancy							Early Childhood							Middle Childhood					Adolescence																			
	PRENATAL	NEWBORN	3-5 DAY	BY 1 MO	2 MO	4 MO	6 MO	9 MO	12 MO	15 MO	18 MO	24 MO	30 MO	3 YR	4 YR	5 YR	6 YR	7 YR	8 YR	9 YR	10 YR	11 YR	12 YR	13 YR	14 YR	15 YR	16 YR	17 YR	18 YR	19 YR	20 YR	21 YR							
<b>Physical Exam/History/Education/Guidance</b>	[Highlighted]																																						
<b>Measurements</b>	[Highlighted]																																						
Length/Height and Weight	[Highlighted]																																						
Head Circumference	[Highlighted]																																						
Weight for Length	[Highlighted]																																						
Body Mass Index (BMI)	[Highlighted]																																						
Blood Pressure	[Highlighted]																																						
<b>Sensory Screening</b>	[Highlighted]																																						
Vision	[Highlighted]																																						
Hearing	[Highlighted]																																						
<b>Developmental/Behavioral Assessment</b>	[Highlighted]																																						
Developmental Screening								[H]																															
Autism Spectrum Disorder Screening																																							
Developmental Surveillance																																							
Psychosocial/Behavioral Assessment																																							
Tobacco, Alcohol, and Drug Use Assessment																																							
Depression Screening																																							
Maternal Depression Screening																																							
<b>Procedures</b>	[Highlighted]																																						
Newborn Blood Screening																																							
Newborn Bilirubin																																							
Critical Congenital Heart Defect Screening																																							
Immunization			*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	
Anemia																																							
Lead Screening																																							
Tuberculosis Testing																																							
Dyslipidemia Screening																																							
Sexually Transmitted Infections (STIs)																																							
HIV (Human Immunodeficiency Virus)																																							
Cervical Cancer Screening																																							
<b>Oral Health</b>	[Highlighted]																																						
Fluoride Varnish																																							
Fluoride Supplementation																																							
<b>Anticipatory Guidance</b>	[Highlighted]																																						

\* Per the CDC Immunization Schedules for 2017. Visit [cdc.gov/vaccines/schedules](http://cdc.gov/vaccines/schedules) for more information. These guidelines represent a consensus by the American Academy of Pediatrics (AAP) and Bright Futures. This information is provided for reference purposes. Please contact your child's physician for recommendations specific to your child.