

Screening for Prediabetes

Patient Profile

MVP members 18–75 years of age with risk factors for diabetes.



How to Implement Best Practices and Improve Performance in the Detection of Prediabetes and the Prevention of Diabetes Diagnoses

- Routinely incorporate the use of the CDC Prediabetes Screening Test during the office visit intake process. Perform the screening at least annually (see below).
- For patients scoring 9 or more points on the prediabetes screening test, refer member to cdc.gov and select *Diseases and Conditions*, then *Diabetes*, and select *Could You Have Prediabetes* for educational information about prediabetes.
- For patients scoring 9 or more points on the screening test, proceed to diabetes testing.
- For patients with a new diabetes diagnosis, see the five part MVP Tip Sheet series, the Comprehensive Diabetes Care (CDC) and the 2020 HEDIS Reference Guide for Primary Care, by visiting mvphealthcare.com/HEDISTips.

2020 Coding for Prediabetes

Codes for Screening for Pre-Diabetes	Use these codes when screening for Pre-Diabetes
Diagnosis Codes for Pre-Diabetes	ICD-10 CM: R73.01, R73.02, R73.03, R73.09
Encounter for Screening for Diabetes	ICD-10 CM: Z13.1