



### **Exhibit 3 – Narrative Summary**

Company Name: MVP Health Plan, Inc.  
NAIC Code: 95521  
SERFF Tracking #: MVPH-132835347  
Market Segment: Large Group

MVP Health Care offers a full range of HMO products to large employer groups and will continue to do so in 2022 through MVP Health Plan, Inc. MVP has filed a request to change the current premium rates it charges for these products for policy effective dates between January 1, 2022 and December 31, 2022 with the New York State Department of Financial Services.

Generally, once a year MVP Health Care files for a change to the current premium rates on file for their products based on a review of the adequacy of the rate level. Premiums need to be sufficient to cover all medical and pharmacy claims submitted from the covered members, as well as cover the cost of operations and New York state statutory reserve requirements. We are requesting rate increases due to various factors, including rising prices for medical services and prescription drugs, rising usage of medical services and prescription drugs, advances in medical technology, benefit design changes and a change in our claim projection from prior year.

Claim costs are difficult to predict with certainty due to the changing composition of the insured population and the uncertainty of how the utilization of health care services will change from year to year. As a result, these estimates change over time as more information becomes available. When MVP Health Care updated its best estimate projection of the 2021 premium rates using current information, it was determined that claim costs have increased at a slower rate than anticipated. As a result, the proposed rate increase is being mitigated by -3.1% to reflect this updated claim information.

To project the expected claim expense for 2022 policy effective dates, MVP starts with calendar year 2019 historical claim data and makes assumptions regarding the anticipated rise in the unit cost and use of medical and prescription pharmacy services. The expected increase in the unit cost of services is generally known and based on MVP's contract negotiations with the hospitals and providers in our network. MVP

expects an average annual increase in the unit cost of medical services to equal 4.2%. For the anticipated increase in the use and intensity of services, MVP expects an average annual increase of 1.0%. MVP expects the average unit cost of prescription drugs to increase by 5.3% annually, and the average utilization of prescription drugs to increase by 3.4% annually from 2019 to 2022. Additionally, MVP is increasing rates by approximately 0.3% due to assumptions related to COVID-19 booster shots and 0.7% for increased telehealth utilization. The proposed rate is also being increased by 1.2% for changes to costs not associated with medical and pharmacy expenses.

MVP is modifying the cost sharing for two of the benefit designs being offered. Because of these modifications, the proposed premium changes for 2022 will vary based on a group's benefit selection and geographic location.

There are 89 groups and 21,305 members impacted by this rate adjustment filing as of February 2021.