Antidepressant Medication Management (AMM)

Patient Profile
MVP members 18 years of age and older, with a diagnosis of major depression, and who are being treated with antidepressant therapy. You need to ensure member compliance in taking their medication. Two rates are reported: The percentage of members who remained on an antidepressant medication for at least 84 days (12 weeks) and the percentage of members who remained on an antidepressant medication for at least 180 days (6 months).

How to Implement Best Practices and Improve Performance

- Schedule time with the patient and provide educational materials that address the following:
  - When will the medication start working and how will the patient know that it’s working?
  - What will it feel like to be on the medication?
  - How long will the patient need to be on the medication?
  - What are the possible side-effects and what should the patient do if they experience any?
  - Stress the importance of continuing medication, even if the patient is feeling better.
  - Reiterate the importance of attending follow-up visits.
- When working with Pediatric patients, you may want the parent/guardian to work with a drug chart and allow patient participation if possible. The chart can show when the patient has taken their medication and can include extra space to document any concerns. Patients/caregivers can use a free mobile app such as MyMedSchedule to track medication lists, chart when taken, set reminders, and track health needs such as recent labs.
- Elderly patients may need medication cuing for successful adherence. A family member may be encouraged to call patients, do a medication set up, or create a drug chart that allows the patient to see when the medication is due to be taken. It may also include helpful tips on what to do if concerns arise, such as when a dose is missed or who to call when there are side-effects.
- Call Beacon Health Options at 1-888-204-5581 for case management guidance, such as home care referrals, in order to teach medication management strategies and inquire about other community support that may be available to assist patients/families.
- Family engagement around the health care needs of the patient is a big part of a successful plan of care.

Examples of Antidepressant Medications
Use of the drugs listed here will score the measure as compliant. Visit ncqa.org for a comprehensive list of antidepressant medications.

<table>
<thead>
<tr>
<th>Miscellaneous Antidepressants</th>
<th>Bupropion</th>
<th>Vilazodone</th>
<th>Vortioxetine</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monoamine Oxidase Inhibitors</td>
<td>Isocarboxazid</td>
<td>Selegiline</td>
<td>Phenelzine</td>
</tr>
</tbody>
</table>
Antidepressant Medication Management (AMM)

Phenylpiperazine Antidepressants
- Nefazodone
- Trazodone

Psychotherapeutic combinations
- Amitriptyline-chlordiazepoxide
- Fluoxetine-olanzapine
- Amitriptyline-perphenazine

SNRI Antidepressants
- Desvenlafaxine
- Levomilnacipran
- Duloxetine
- Venlafaxine

SSRI Antidepressants
- Citalopram
- Sertraline
- Fluoxetine
- Paroxetine
- Escitalopram
- Fluvoxamine

Tricyclic Antidepressants
- Amitriptyline
- Desipramine
- Nortriptyline
- Amoxapine
- Protriptyline
- Clomipramine
- Imipramine
- Triprolidine
- Doxepin (>6mg)

Tetracyclic Antidepressants
- Maprotiline
- Mirtazapine

Use of drugs listed here will score the measure as compliant. Remember to reference the MVP Formulary to learn which of these medications are covered by the member’s plan.

Billing Codes

Eligible population would need to have a diagnosis of major depression and had an encounter in one of the following settings during the measurement time period. (Encounters are: acute or non-acute inpatient stay, outpatient visit, intensive outpatient encounter, or partial hospitalization, community mental health center visit, electro-convulsive therapy, trans-cranial magnetic stimulation visit, observation visit, ED visit, or telephone and telehealth visits.

CPT Codes

Outpatient visit (Visit Setting Unspecified Value Set CPT codes with Outpatient POS Value Set) with Major Depression Value Set, with or without Telehealth Modifier Value Set

Visit Setting Unspecified Codes
- 90791, 90792, 90832–90834, 90836–90840, 90845, 90847, 90849, 90853, 90875, 90876, 99221–99223, 99231–99233, 99238, 99239, 99251–99255

Outpatient POS Codes
- 03, 05, 07, 09, 11–20, 22, 33, 49, 50, 71, 72

Telehealth Modifier Value Set Code
- 95, GT

Another outpatient visit uses the BH outpatient value set codes with Major depression value set codes with or without telehealth modifier value set codes (Codes 95, GT)

BH Outpatient Value Set Codes

For an observation visit with any diagnosis of major depression use the CPT codes for Visit Setting Unspecified Value Set above along with the telehealth POS value set codes:02 and the ICD-10 codes for major depression with or without a telehealth modifier value set code: 95, GT.

For ED visit with any diagnosis of major depression you may use the ED Value Set Codes: 99281–99285 with UBREV codes and ICD-10 major depression codes or you may use for ED visits the Visit Setting Unspecified Value Set codes above with ED POS codes.
Value Set Code: 23 with major depression value set ICD-10 codes with or without a telehealth modifier code.

For a Telephone Visit use the Telephone Visit Value Set Codes: 98966–98968, 99441–99443 along with the ICD-10 Major Depression Value Set Codes.

**ICD-10 Codes**

One of the Major Depression Value Set Codes needs to be used with any of the possible encounters to be considered eligible population.

**Major Depression**

F32.0–F32.4, F32.9, F33.0–F33.3, F33.41, F33.9

**Electro-convulsive Therapy Value Set**

GZB0ZZZ, GZB1ZZZ–GZB4ZZZ

**HCPCS Codes**

**BH Outpatient Value Set**


**Intensive Outpatient or Partial Hospitalization**


**UB Revenue Codes**

Acute and non-acute inpatient stays value sets with a diagnosis of major depression


**UBREV Codes for BH Outpatient Value Sets**

0510, 0513, 0515–0517, 0519–0523, 0526–0529, 0900, 0902–0904, 0911, 0914–0917, 0919, 0982, 0983

**UBREV Codes for Intensive Outpatient or Partial Hospitalization**

0905, 0907, 0912, 0913

**UBREV Code for Electro-convulsive Therapy visits using CPT and ICD-10**

0901

**UBREV Codes for ED Visits**

0450–0452, 0456, 0459, 0981

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**Provider Contact Information**

for MVP Health Care and Beacon Health Options, MVP’s partner in managing mental health and substance use services for our members.

**MVP Provider Customer Care**

1-866-942-7966 (TTY: 1-800-662-1220)
Monday–Friday, 8:30 am–5 pm Eastern Time
mvphealthcare.com

**Beacon Health Options Provider Customer Service**

1-888-204-5581
Monday–Friday, 8:30 am–5 pm Eastern Time
beaconhealthoptions.com