

## Antidepressant Medication Management (AMM)

### Patient Profile

MVP members 18 years of age and older, with a diagnosis of major depression, and who are being treated with antidepressant therapy. You need to ensure member compliance in taking their medication. Two rates are reported: The percentage of members who remained on an antidepressant medication for at least 84 days (12 weeks) and the percentage of members who remained on an antidepressant medication for at least 180 days (6 months).

### How to Implement Best Practices and Improve Performance

- Schedule time with the patient and provide educational materials that address the following:
  - When will the medication start working and how will the patient know that it's working?
  - What will it feel like to be on the medication?
  - How long will the patient need to be on the medication?
  - What are the possible side-effects and what should the patient do if they experience any?
  - Stress the importance of continuing medication, even if the patient is feeling better.
  - Reiterate the importance of attending follow-up visits.
- When working with Pediatric patients, you may want the parent/guardian to work with a drug chart and allow patient participation if possible. The chart can show when the patient has taken their medication and can include extra space to document any concerns. Patients/caregivers can use a free mobile app such as **MyMedSchedule** to track medication lists, chart when taken, set reminders, and track health needs such as recent labs.
- Elderly patients may need medication cuing for successful adherence. A family member may be encouraged to call patients, do a medication set up, or create a drug chart that allows the patient to see when the medication is due to be taken. It may also include helpful tips on what to do if concerns arise, such as when a dose is missed or who to call when there are side-effects.
- Call Beacon Health Options at **1-888-204-5581** for case management guidance, such as home care referrals, in order to teach medication management strategies and inquire about other community support that may be available to assist patients/families.
- Family engagement around the health care needs of the patient is a big part of a successful plan of care.

*Information related to all 2019 HEDIS measures has been extracted from the NCQA 2019 HEDIS Technical Specifications Volume 2.*

The medication list below is used when evaluating the measure criteria noted above. For information on medications covered by MVP, see the *MVP Medicaid Drug Formulary* available by visiting [mvphealthcare.com](http://mvphealthcare.com) and selecting *Providers*, then *Pharmacy*, then *MVP Formularies*.

### Examples of Antidepressant Medications

Use of the drugs listed here will score the measure as compliant. Visit [ncqa.org](http://ncqa.org) for a comprehensive list of antidepressant medications.

<b>Miscellaneous Antidepressants</b>	Bupropion	Vilazodone	Vortioxetine	
<b>Monoamine Oxidase Inhibitors</b>	Isocarboxazid	Selegiline	Phenelzine	Tranylcypromine

Examples of Antidepressant Medications continued.

<b>Phenylpiperazine Antidepressants</b>	Nefazodone	Trazodone			
<b>Psychotherapeutic combinations</b>	Amitriptyline-chlordiazepoxide	Fluoxetine-olanzapine	Amitriptyline-perphenazine		
<b>SNRI Antidepressants</b>	Desvenlafaxine	Levomilnacipran	Duloxetine	Venlafaxine	
<b>SSRI Antidepressants</b>	Citalopram Sertraline	Fluoxetine	Paroxetine	Escitalopram	Fluvoxamine
<b>Tricyclic Antidepressants</b>	Amitriptyline Protriptyline	Desipramine Clomipramine	Nortriptyline Imipramine	Amoxapine Triipramine	Doxepin (>6mg)
<b>Tetracyclic Antidepressants</b>	Maprotiline	Mirtazapine			

Use of drugs listed here will score the measure as compliant. Remember to reference the MVP Formulary to learn which of these medications are covered by the member's plan.

## Billing Codes

Eligible population would need to have a diagnosis of major depression and had an encounter in one of the following settings during the measurement time period. (Encounters are: acute or non-acute inpatient stay, outpatient visit, intensive outpatient encounter, or partial hospitalization, community mental health center visit, electro-convulsive therapy, trans-cranial magnetic stimulation visit, observation visit, ED visit, or telephone and telehealth visits.

### CPT Codes

Outpatient visit (Visit Setting Unspecified Value Set CPT codes with Outpatient POS Value Set) with Major Depression Value Set, with or without Telehealth Modifier Value Set

#### Visit Setting Unspecified Codes

90791, 90792, 90832–90834, 90836–90840, 90845, 90847, 90849, 90853, 90875, 90876, 99221–99223, 99231–99233, 99238, 99239, 99251–99255

#### Outpatient POS Codes

03, 05, 07, 09, 11–20, 22, 33, 49, 50, 71, 72

#### Telehealth Modifier Value Set Code

95, GT

Another outpatient visit uses the BH outpatient value set codes with Major depression value set codes with or without telehealth modifier value set codes (Codes 95, GT)

#### BH Outpatient Value Set Codes

98960–98962, 99078, 99201–99205, 99211–99215, 99241–99245, 99341–99345, 99347–99350, 99381–99387, 99391–99397, 99401–99404, 99411, 99412, 99483, 99510 (for BH outpatient visits also see HCPCS and UBREV columns for pertinent codes)

For intensive outpatient or partial hospitalization visits with any diagnosis of major depression, use the above CPT codes

for visit setting unspecified with the Partial Hospitalization POS Value Set Code: 52 with major depression value set codes (ICD-10) with or without telehealth modifier code: 95, GT. Also for intensive outpatient encounter or partial hospitalization with any diagnosis of major depression see HCPCS and UBREV codes for intensive outpatient value set with major depression value set diagnosis codes.

**With the community mental health center visit encounter with any diagnosis of major depression** use the above Visit Setting Unspecified Value Set codes with the Community Mental Health POS Value Set code:53 with the ICD-10 Major Depression Value Set codes with or without the telehealth modifier codes.

**For Electro-Convulsive Therapy visit with any diagnosis of major depression** use the electro-convulsive therapy value set code: 90870 and electro-convulsive therapy ICD-10 codes and major depression value set codes and a UBREV code.

**For Trans-cranial magnetic stimulation visits with any diagnosis of major depression** use the trans-cranial magnetic stimulation value set codes: 90867–90869 with a major depression value set ICD-10 code.

**For Telehealth visits with any diagnosis of major depression** use the CPT codes for Visit Setting Unspecified Value Set above along with the telehealth POS value set codes:02 and the ICD-10 codes for major depression with or without a telehealth modifier value set code:95, GT.

**For an observation visit with any diagnosis of major depression** use the Observation Value Set Codes: 99217–99220 with the ICD-10 Major Depression Value Set Codes.

**For a ED visit with any diagnosis of major depression** you may use the ED Value Set Codes:99281–99285 with UBREV codes and ICD-10 major depression codes or you may use for ED visits the Visit Setting Unspecified Value Set codes above with ED POS

Value Set Code:23 with major depression value set ICD-10 codes with or without a telehealth modifier code.

For a Telephone Visit use the Telephone Visit Value Set Codes:98966-98968,99441-99443 along with the ICD-10 Major Depression Value Set Codes.

### ICD-10 Codes

One of the Major Depression Value Set Codes needs to be used with any of the possible encounters to be consider eligible population.

#### Major Depression

F32.0–F32.4, F32.9, F33.0–F33.3, F33.41, F33.9

#### Electro-convulsive Therapy Value Set

GZB0ZZZ, GZB1ZZZ–GZB4ZZZ

### HCPCS Codes

#### BH Outpatient Value Set

G0155, G0176, G0177, G0409, G04063, H0002, H0004, H0031, H0036, H0037, H0039, H0040, H2000, H2010, H2011, H2013–H2020, M0064, T1015

#### Intensive Outpatient or Partial Hospitalization

G0410, G0411, H0035, H2001, H2012, S0201, S9480, S9484, S9485

### UB Revenue Codes

Acute and non-acute inpatient stays value sets with a diagnosis of major depression

0100, 0101, 0110, 0111–0114, 0116–0119, 0120–0124, 0126–0134, 0136–0144, 0146–0154, 0519, 0160, 0164, 0167, 0169–0174, 0179, 0190–0194, 0199–0204, 0206–0214, 0219, 0720–0724, 0729, 0987, 0022, 0024, 0524, 0525, 0550–0552, 0559, 0660–0663, 0669, 1000–1002

#### UBREV Codes for BH Outpatient Value Sets

0510, 0513, 0515–0517, 0519–0523, 0526–0529, 0900, 0902–0904, 0911, 0914–0917, 0919, 0982, 0983

#### UBREV Codes for Intensive Outpatient or Partial Hospitalization

0905, 0907, 0912, 0913

#### UBREV Code for Electro-convulsive Therapy visits using CPT and ICD-10

0901

#### UBREV Codes for ED Visits


0450–0452, 0456, 0459, 0981

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### Provider Contact Information


for MVP Health Care and Beacon Health Options, MVP's partner in managing mental health and substance use services for our members.

#### MVP Provider Customer Care

 **1-866-942-7966** (TTY: **1-800-662-1220**)  
Monday–Friday, 8:30 am–5 pm Eastern Time

 [mvphealthcare.com](http://mvphealthcare.com)

#### Beacon Health Options Provider Customer Service

 **1-888-204-5581**  
Monday–Friday, 8:30 am–5 pm Eastern Time

 [beaconhealthoptions.com](http://beaconhealthoptions.com)