Follow-Up Care for Children Prescribed ADHD Medication for Attention Deficit Disorder (ADD)

Patient Profile
MVP members 6–12 years of age newly prescribed Attention-Deficit/Hyperactivity Disorder (ADHD) medication. These patients will need at least three follow-up care visits within a 10-month period. The initial visit must occur within the first 30 days of the prescription dispensing date.

How to Implement Best Practices and Improve Performance

• Once medication treatment has been established, you need to conduct parent or guardian education and include the child as much as possible.

• Understanding what the medication is going to do and how it will make them feel is an important part of establishing awareness and ensuring better compliance. You must discuss potential side effects and how they should respond if they occur. Communicate that there will be no medication refills until the initial follow-up visit is complete. Instruct office staff that if any appointment is canceled, it must be rescheduled at the time of cancellation.

• Make sure the parent or guardian has an understanding of the instructions in order to achieve better drug compliance.

• Set up a follow-up visit plan with the parent or guardian, and child if necessary. Establish this visit within 2–3 weeks of the initial medication therapy. Once the child attends the initial follow-up visit, schedule the additional two visits within nine months of the start of the medication. Ask questions in order to assess the child’s response to the medication, as it is often necessary to make adjustments to establish the correct dosage.

• Encourage a parent/teacher conference and include the school nurse. Use of the Vanderbilt Assessment Scale by both the family and the school may be helpful during follow-up visits to see how a child is responding to the medication. At each visit, assess the child for other referrals as needed, such as a Behaviorist or Child Psychologist.

• Refer parents or guardians to aap.org or cdc.gov for further educational information regarding ADHD.

• Telehealth visits can be used as one of the two visits following the first visit from the prescription dispensing date. This would occur day 31 to day 300 of the 10-month period following the prescription start date.

Information related to all 2019 HEDIS measures has been extracted from the NCQA 2019 HEDIS Technical Specifications Volume 2.
ADHD Medications

<table>
<thead>
<tr>
<th>CNS Stimulant Medications</th>
<th>Amphetamine-dextroamphetamine Methamphetamine</th>
<th>Dextroamphetamine Dexamethasone</th>
<th>Methylphenidate Lisdexamfetamine</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alpha-2 Receptor Agents</td>
<td>Clonidine</td>
<td>Guanfacine</td>
<td></td>
</tr>
<tr>
<td>Miscellaneous ADHD Medications</td>
<td>Atomoxetine</td>
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</tbody>
</table>

Use of drugs listed here will score the measure as compliant. Remember to reference the MVP Formulary to learn which of these medications are covered by the member’s plan. For information on medications covered by MVP, see the MVP Medicaid Drug Formulary available by visiting mvphealthcare.com and selecting Providers, then Pharmacy, then MVP Formularies.

Billing Codes

CPT Codes

Stand Alone Visits Value Set use with UBREV and HCPCS codes as appropriate for both Initiation, and Continuation and Maintenance Phase

Use ADD Visits Group 1 Value Sets with ADD POS Group 1 Value Set for both the Initiation, and Continuation and Maintenance Phase
90791, 90792, 90832–90834, 90836–90840, 90845, 90847, 90849, 90853, 90875, 90876

POS Group 1 Value Set use with ADD Visits Value Set for both phases
03, 05, 07, 09–20, 22, 33, 49, 50, 52, 53, 71, 72

ADD Visits Group 2 Value Set codes used with the ADD POS Group 2 Value Set for both phases
99221–99223, 99231–99233, 99238, 99239, 99251–99255

ADD POS Group 2 Value Set use with ADD Visits Group 2 Value Set for both phases
52, 53

In the Continuation and Maintenance Phase can use one of the two visits as a telephone visit with the following codes
98966–98968, 99441–99443

Telehealth Modifier Codes

95 or GT (this must be used in conjunction with one of the code combinations above)