

Comprehensive Diabetes Care (CDC): Overview

Patient Profile

MVP members 18–75 years of age with Diabetes (Type 1 and Type 2) and who have received the following elements of care during the current calendar year:

- Controlled blood pressure
- Controlled HbA1c
- Attention for nephropathy
- Retinal or dilated eye exam

Exclusions for all CDC Sub-Measures Include:

- Patients who used hospice services during the measurement year.
- Medicare members, 66 years of age and older, living in long term institutional settings or are enrolled in an institutional SNP any time during the measurement year.
- Patients 66 years of age and older with frailty and advanced illness in 2019.



How to Implement Best Practices and Improve Performance

- Encourage Diabetes self-management whenever feasible, and consider partner-in-care contracts.
- Establish a culture of patient accountability in the use of blood sugar logs and medications.
- Consider Endocrine and CDE consultations for patients with suboptimal control.
- Consider a dedicated Diabetes Care Team approach.
- Consider using nurse rooming tools and Diabetes flowcharts for efficient office visits and centralized Diabetes care documentation.
- Coordinate an exchange of information with specialists such as Endocrinologists, Nephrologists, Cardiologists, Ophthalmologists, Hospitalists, and Diabetes Educators. Also consider providers out of the area that may care for patients at a seasonal location. Submit all test results to your local Regional Health Information Organization (RHIO).
- Enable electronic health record alerts for staff to prevent delinquent testing, reports, and visits.
- Implement computerized patient reminders via portal systems, emails, texts, phone calls, and letters; include a follow-up plan.
- Consult the *MVP Gaps in Care Report (GAC)* for a list of delinquent CDC sub-measures.
- Consider using electronic medical record data to create a Diabetes Registry for ease of tracking and trending.

Information related to all 2019 HEDIS measures has been extracted from the NCQA 2019 HEDIS Technical Specifications Volume 2.