

## Chlamydia Screening in Women (CHL)

### Patient Profile

MVP members 16–24 years of age who are sexually active and who have at least one test for chlamydia per calendar year.



### How to Implement Best Practices and Improve Performance

- Consider adopting an opt-out approach to chlamydia screening. Based on how common and asymptomatic these infections are, the Centers for Disease Control and Prevention (CDC) recommends that all sexually active women 24 years of age and younger be tested for chlamydia annually. An opt-out approach would establish a practice protocol to automatically perform the test because of the CDC recommendation. Patients would be able to request an exception to the protocol and not be tested.
- Use the term **general lab services** for chlamydia tests on billing statements to promote patient confidentiality, trust, and relieve the fear associated with patients receiving the bill for services.
- Create an electronic medical record registry of patients who are eligible for chlamydia testing, and those who are potentially sexually active (i.e. those with prescriptions for contraceptives, prior pregnancy tests, etc.) Use the registry to flag medical records when testing is due, as well as for patient outreach.
- Conduct patient outreach by means of text messaging, birthday reminders, and portal messages with links to the CDC's chlamydia education resources at **cdc.gov**. Each reminder should be signed by the provider. Studies show that PCP recommendations are the most powerful influences with regard to patient decision making.
- Meet patients where they are. Consider social marketing by leveraging high schools, colleges, bus stop shelters, and parent teacher organization settings for health education about chlamydia.
- Stock patient waiting areas and exam rooms with educational materials, such as CDC chlamydia publications. Include MVP's patient brochure entitled **Risky Teen Behavior** found by visiting **mvphealthcare.com** and selecting *Providers*, then *Quality Programs*, then *Provider Quality Improvement Manual*, then *Adolescent Health*, then *Useful Information for Patients*.

Information related to all 2019 HEDIS measures has been extracted from the NCQA 2019 HEDIS Technical Specifications Volume 2.

## Billing Codes

### CPT Codes

87110, 87270, 87320, 87490–87492, 87810