

Medication Management for People with Asthma (MMA) and Asthma Medication Ratio (AMR)

Patient Profile for Medication Management for People with Asthma (MMA)

MVP members 5–64 years of age who have been identified as having persistent asthma, and were dispensed the appropriate medications that they continued to take for 50% and 75% of the treatment period.

Patient Profile for Asthma Medication Ratio (AMR)

MVP members 5–64 years of age who have been identified as having persistent asthma, and had a ratio of controller medications to total asthma medications of 50% or greater during the current calendar year.



How to Implement Best Practices and Improve Performance

Patients identified as having persistent asthma must meet one of the following criteria during the current calendar year and the year prior:

1. At least one ED visit with a principal diagnosis of asthma.
 2. At least one acute inpatient encounter with a principal diagnosis of asthma.
 3. At least four outpatient or observation visits on different dates of service with any Dx of asthma and at least two asthma medication dispensing events for any controller or reliever medication.
 4. At least four asthma medication dispensing events for any controller or reliever medication.
- Consider the use of an **Asthma Flow Sheet** for centralized Asthma Care Documentation and efficiency during each visit.
 - Consider the use of an **Asthma Action Plan** for clear and concise documentation for the patient, family members, caretakers, and school or work health personnel who may need to take action during an acute asthma attack

The **Asthma Flow Sheet** and **Asthma Action Plan** are available by visiting mvphealthcare.com and selecting *Providers* then *Reference Library*.

- Consider a pulmonology referral for difficult to stabilize asthmatic patients.

Information related to all 2019 HEDIS measures has been extracted from the NCQA 2019 HEDIS Technical Specifications Volume 2.

The medication list below is used when evaluating the measure criteria noted above. For information on medications covered by MVP, see the *MVP Medicaid Drug Formulary* available by visiting mvphealthcare.com and selecting *Providers*, then *Pharmacy*, then *MVP Formularies*.

Appropriate Asthma Medications

Visit ncqa.org for a comprehensive list of Asthma Medications.

Asthma Controller Medications

Antiasthmatic Combinations	Dyphylline-guaifenesin	Guaifenesin-theophylline
Antibody Inhibitors	Omalizumab	
Anti-interleukin-5	Mepolizumab	Reslizumab
Inhaled Steroid Combinations	Budesonide -formoterol Fluticasone-vilanterol	Fluticasone-salmeterol Mometasone-formoterol
Inhaled Corticosteroids	Beclomethasone Ciclesonide Fluticasone CFC free	Budesonide Flunisolide Mometasone
Leukotriene Modifiers	Montelukast Zileuton	Zafirlukast
Methylxanthines	Dyphylline	Theophylline

Asthma Reliever Medications

Short-Acting, Inhaled Beta-2 Agonists	Albuterol Pirbuterol	Levalbuterol
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Use of drugs listed here will score the measure as compliant. Remember to reference the MVP Formulary to learn which of these medications are covered by the member's plan.

Billing Codes

ICD-10 Codes

J45.20, J45.21, J45.22, J45.30, J45.31, J45.32, J45.40, J45.41, J45.42, J45.50, J45.51, J45.52, J45.901, J45.902, J45.909, J45.990, J45.991, J45.998