

Well-Child Visits

Routine doctor visits help keep your child or teen healthy. If there are any problems, these checkups, also referred to as **well-child visits**, help the doctor detect them early before they become serious. Well-child visits are a preventive care benefit and covered in full under your MVP medical plan.

*Read important information about well-visits
and immunizations on the other side.*



Visit mvphealthcare.com/preventivecare for more information.



When should your child visit the doctor?

For Children Age 12 Months and Under

- Between two and four weeks old
- At two months, four months, six months, and nine months of age

For Children Ages 1–5

- At 15 months and 18 months of age, then once a year after

Before a checkup, tell your child that he or she is going to the doctor and explain what to expect during their visit.

- **General Screening**—to check your child’s overall health. The doctor or nurse may measure things like height, weight, heart rate, and blood pressure.
- **Eye and Ear Exams**—to test for sight and hearing problems that may affect learning.
- **Dental Check**—to make sure teeth are healthy and strong, and are coming in on schedule. Your child should go to the dentist every six months starting at age two.
- **Lead Tests**—your child should have a blood lead test to check for lead poisoning at age one and again at age two.
- **Shots (Immunizations)**—to protect your child against disease.
- **Counseling**—for healthy eating, safety, and more. Older children will learn about the dangers of smoking, drugs, alcohol, and unsafe sex.

Immunizations—A Great Way to Keep Your Child Healthy

Immunizations are needed to protect your child from potentially life-threatening illnesses. Vaccination has enabled us to reduce most vaccine-preventable diseases to very low levels in the United States. Visit the Centers for Disease Control and Prevention (CDC) website to access information and recommended immunization schedules. Visit [cdc.gov](https://www.cdc.gov) and select *Healthy Living*, then *Vaccines & Immunizations*.



Talk to your child’s doctor to determine which immunizations and tests are right for your child.