

Medication Management for People with Asthma (MMA) and Asthma Medication Ratio (AMR)

Patient Profile for Medication Management for People with Asthma (MMA)

MVP members 5–64 years of age who have been identified as having persistent asthma, and were dispensed the appropriate medications that they continued to take for 50% and 75% of the treatment period.

Patient Profile for Asthma Medication Ratio (AMR)

MVP members 5–64 years of age who have been identified as having persistent asthma, and had a ratio of controller medications to total asthma medications of 50% or greater during the current calendar year.



How to Implement Best Practices and Improve Performance

Any visits with an asthma diagnosis can be an outpatient telehealth visit, phone visit, e-visit, or virtual check-in when identifying the event/diagnosis.

Patients identified as having persistent asthma must meet one of the following criteria during the current calendar year and the year prior:

1. At least one ED visit with a principal diagnosis of asthma.
2. At least one acute inpatient encounter with a principal diagnosis of asthma.
3. At least four outpatient visits, observation visits, telephone visits, or online assessments on different dates of service with any Dx of asthma and at least two asthma medication dispensing events for any controller or reliever medication.
4. At least four asthma medication dispensing events for any controller or reliever medication.
 - Consider the use of an *Asthma Flow Sheet* for centralized Asthma Care Documentation and efficiency during each visit.
 - Consider the use of an *Asthma Action Plan* for clear and concise documentation for the patient, family members, caretakers, and school or work health personnel who may need to take action during an acute asthma attack.

Instruct MVP members that MVP provides health and wellness information on our website along with a health library that they can access for further education on asthma. <https://www.mvphealthcare.com/members/health-and-wellness/>

MVP also produces a health management program newsletter with information about asthma twice a year and if they don't receive a copy have them call the number on the back of their MVP Member ID card to inquire. The *Asthma Flow Sheet* and *Asthma Action Plan* are available by visiting [mvphealthcare.com](https://www.mvphealthcare.com) and selecting *Providers* then *Reference Library*.

Consider a pulmonology referral for difficult to control or severe asthma patients.

Information related to all 2020 HEDIS measures has been extracted from the NCQA 2020 HEDIS Technical Specifications Volume 2.

The medication list below is used when evaluating the measure criteria noted above. For information on medications covered by MVP, see the *MVP Medicaid Drug Formulary* available by visiting mvphealthcare.com and selecting *Providers*, then *Pharmacy*, then *MVP Formularies*.

Appropriate Asthma Medications

Visit ncqa.org for a comprehensive list of Asthma Medications.

Asthma Controller Medications

Description	Prescription	Medication Lists	Route
Antiasthmatic Combinations	Dyphylline-guaifenesin	Dyphylline Guaifenesin Medications List	Oral
Antibody inhibitors	Omalizumab	Omalizumab Medications List	Subcutaneous
Anti-interleukin-4	Dupilumab	Dupilumab Medications List	Subcutaneous
Anti-interleukin-5	Benralizumab	Benralizumab Medications List	Subcutaneous
Anti-interleukin-5	Mepolizumab	Mepolizumab Medications List	Subcutaneous
Anti-interleukin-5	Reslizumab	Reslizumab Medications List	Intravenous
Inhaled steroid combinations	Budesonide-formoterol	Budesonide Formoterol Medications List	Inhalation
Inhaled steroid combinations	Fluticasone-salmeterol	Fluticasone Salmeterol Medications List	Inhalation
Inhaled steroid combinations	Fluticasone-vilanterol	Fluticasone Vilanterol Medications List	Inhalation
Inhaled steroid combinations	Formoterol-mometasone	Formoterol Mometasone Medications List	Inhalation
Inhaled corticosteroids	Beclomethasone	Beclomethasone Medications List	Inhalation
Inhaled corticosteroids	Budesonide	Budesonide Medications List	Inhalation
Inhaled corticosteroids	Ciclesonide	Ciclesonide Medications List	Inhalation
Inhaled corticosteroids	Flunisolide	Flunisolide Medications List	Inhalation
Inhaled corticosteroids	Fluticasone	Fluticasone Medications List	Inhalation
Inhaled corticosteroids	Mometasone	Mometasone Medications List	Inhalation
Leukotriene modifiers	Montelukast	Montelukast Medications List	Oral
Leukotriene modifiers	Zafirlukast	Zafirlukast Medications List	Oral
Leukotriene modifiers	Zileuton	Zileuton Medications List	Oral
Methylxanthines	Theophylline	Theophylline Medications List	Oral

Asthma Reliever Medications

Description	Prescription	Medication Lists	Route
Short-acting, inhaled beta-2 agonists	Albuterol	Albuterol Medications List	Inhalation
Short-acting, inhaled beta-2 agonists	Levalbuterol	Levalbuterol Medications List	Inhalation

Use of drugs listed here will score the measure as compliant. Remember to reference the MVP Formulary to learn which of these medications are covered by the member's plan.

2020 Coding for Medication Management for People with Asthma (MMA) and Asthma Medication Ratio (AMR)	
Codes for MMA and AMR	Use of these codes will make the member a pass for MMA and AMR
Acute Inpatient	CPT: 99221-99223, 99231-99233, 99238-99239, 99251-99255, 99291 these codes will make the member a pass for AMR
Asthma	ICD-10 CM: J45.20-J45.22, J45.30-J45.32, J45.40-J45.42, J45.50-J45.52, J45.901-J45.902, J45.909, J45.990-J45.991, J45.998
ED	CPT: 99281-99285
	UB Rev: 0450-0452, 0456, 0459, 0981
Inpatient Stay	UB Rev: 0100-0101, 0110-0114, 0116-0124, 0126-0134, 0136-0144, 0146-0154, 0156-0160, 0164, 0167, 0169-0174, 0179, 0190-0194, 0199-0204, 0206-0214, 0219, 1000-1002
Non-acute Inpatient Stay	UB Rev: 0022, 0024, 0118, 0128, 0138, 0148, 0158, 0190-0194, 0199, 0524-0525, 0550-0552, 0559, 0660-0663, 0669, 1000-1002
Observation	CPT: 99217-99220
Online Assessments	CPT: 98969, 99444
Outpatient	CPT: 99201-99205, 99211-99215, 99241-99245, 99341-99345, 99347-99350, 99381-99387, 99391-99397, 99401-99404, 99411-99412, 99420, 99429, 99455-99456, 99483
	HCPCS: G0402, G0438-G0439, G0463, T1015
	UB Rev: 0510-0517, 0519-0523, 0526-0529, 0982-0983
Telehealth Modifier	CPT Modifier: 95, GT
Telehealth POS	POS: 02
Telephone Visits	CPT: 98966-98968, 99441-99443
Exclusion from MMA and AMR	Use of these codes will exclude member from a pass for MMA and AMR
Acute Respiratory Failure	ICD-10 CM: J96.00-J96.02, J96.20-J96.22
Chronic Respiratory Conditions Due to Fumes/Vapors	ICD-10 CM: J68.4
COPD	ICD-10 CM: J44.0-J44.1, J44.9
Cystic Fibrosis	ICD-10 CM: E84.0, E84.11, E84.19, E84.8-E84.9
Emphysema	ICD-10 CM: J43.0-J43.2, J43.8-J43.9
Hospice Encounter	HCPCS: G9474-79, Q5003-8, Q5010, S9126, T2042-46
	UB Rev: 0115, 0125, 0135, 0145, 0155, 0235, 0650-52, 0655-59
Hospice Intervention	CPT: 99377-78
	HCPCS: G08182
Obstructive Chronic Bronchitis	ICD-10 CM: 491.20-491.22
Other Emphysema	ICD-10 CM: J98.2-J98.3