

## Weight Assessment and Counseling for Nutrition and Physical Activity for Children/Adolescents (WCC)

### Patient Profile

MVP members 3–17 years of age who have had an outpatient visit with a PCP or OB/GYN and showed evidence of the following during the calendar year.

- BMI percentile documentation\* including height and weight.
- Counseling for nutrition or referral for nutrition education, and weight or obesity counseling.
- Counseling or referral for physical activity, and weight or obesity counseling.

\*BMI norms for youth vary with age and gender. Therefore, this measure evaluates whether BMI percentile is assessed, rather than an absolute BMI value. Either of the following meets the criteria for BMI percentile: (a) BMI percentile documented as a value (e.g., 85th percentile) or (b) BMI percentile plotted on an age-growth chart. Ranges and thresholds do not meet the criteria for this indicator. A distinct BMI percentile is required for measure compliance.

### How to Implement Best Practices and Improve Performance

- Member-reported biometric values (BMI, height, and weight) that are recorded during services rendered during a phone visit, e-visit, or virtual check-in by a primary care provider, nurse practitioner, physician assistant, or certified nurse. Midwives meet criteria for the Counseling for Nutrition and Counseling for Physical Activity indicators.
- Health Education/Anticipatory Guidance should be discussed and documented during visits. Examples for the WCC measure include: active play; family walks; physical activity behaviors and routines; participation in sports such as gymnastics, martial arts, or dance; and screen time limits. You should also discuss nutritional topics such as eating patterns, typical meals and snacks, healthy diets, and avoiding junk foods. This must be done at least once during the calendar year.
- Ensure that BMI values and percentiles are calculated automatically when height and weight data are entered into your electronic health record (EHR).
- A documented and specific BMI percentile is required for numerator compliance. Ranges do not meet the criteria.
- Female members who have a pregnancy diagnosis during the measurement year are excluded from this measure.

### 2020 Coding for Well-Child Visits for WCC Measure

Codes for WCC Measure	Use of the following codes will make the member a pass for this measure
<b>BMI Percentile</b>	<b>ICD-10 CM:</b> Z68.51–Z68.54
<b>Nutrition Counseling</b>	<b>ICD-10 CM:</b> Z71.3
	<b>CPT:</b> 97802, 97803, 97804
	<b>HCPCS:</b> G0270, G0271, G0447, S9449, S9452, S9470
<b>Outpatient</b>	<b>CPT:</b> 99201–99205, 99211–99215, 99241–99245, 99341–99345, 99347–99350, 99381–99387, 99391–99397, 99401–99404, 99411, 99412, 99429, 99455, 99456, 99483
	<b>HCPCS:</b> G0402, G0438, G0439, G0463, T1015
	<b>UB Rev:</b> 0510–0517, 0519–0523, 0526–0529, 0982, 0983

### 2020 Coding for Well-Child Visits for WCC Measure

Codes for WCC Measure	Use of the following codes will make the member a pass for this measure
Physical Activity Counseling	ICD-10 CM: Z02.5, Z71.82
	HCPCS: G0447, S9451
Exclusion from WCC Measure	Use of the following codes will exclude the member from passing this measure
Hospice Encounter	HCPCS: G9474–G9479, Q5003–Q5008, Q5010, S9126, T2042–T2046
	UB Rev: 0115, 0125, 0135, 0145, 0155, 0235, 0650, 0651, 0652, 0655–0659
Hospice Intervention	CPT: 99377, 99378
	HCPCS: G08182
Pregnancy	ICD-10: Over 5,000 codes ranging from: O00.0–O00.2, O00.8–O04.89 through 09A.519, and Z03.71–Z36.8A