

Adult Preventive Care Guidelines

MVP Health Care®, as part of its continuing Quality Improvement Program, has adopted Adult Preventive Care Guidelines. The adult guidelines reflect recommendations by the US Preventive Services Task Force that can be found at:

<http://www.uspreventiveservicestaskforce.org/Page/Name/recommendations> Use this link and click on Recommendations on the left-hand side of the page. Tools for Primary Care Providers can be found at this link by clicking on Information for Health Professionals on the left-hand side of the page.

For adult immunizations, MVP endorses the Advisory Committee on Immunization Practices of the Centers for Disease Control and Prevention (CDC) recommendations. A copy of their Immunization Schedule is available online at:

<http://www.cdc.gov/vaccines/schedules/hcp/adult.html>.

For the last update click on *Schedule Changes and Guidance*. This guideline is not intended to replace the role of the physician's clinical judgment in the management of medical services, it is an educational guideline provided to assist in the delivery of good medical care. All treatment decisions are ultimately based on the physician's clinical assessment and judgment. Where medication recommendations are made, please refer to each health plan's formulary for coverage considerations.

- [Table 1. By age](#)
- [Table 2. By indications](#)
- [Schedule Changes & Guidance](#)
- [Resources for health care providers](#)
- [Resources for adults](#)
- [Download Schedules App](#)

MVP Health Care updates its clinical guidelines at least every two years. The review process is also initiated when new scientific evidence or national standards are published. Practitioners are alerted via the web site and by written notices from the plan via fax or newsletter. A hard copy of the clinical guideline can be requested by calling the MVP Quality Improvement Department at **(800) 777-4793 extension 1-2247**.